

# Clinician RESOURCES

Check out the following resources, all designed to help you in your clinical practice.



## Human trafficking resources

Victims of human trafficking often suffer tremendous physical and psychological damage. Clinicians play an important role in identifying potential victims so they can obtain help.

Here are some resources to learn more about human trafficking.

- **“Addressing human trafficking in the health care setting<sup>A</sup>”** is an online course that includes a downloadable quick-reference guide that can be saved and easily accessed from a mobile device to assist providers with essential information in the healthcare setting.
- The **National Human Trafficking Resource Center<sup>B</sup>** provides an online course for healthcare professionals on how to identify human trafficking victims. You also can access tools such as a short summary of what to look for on examination.

Experts recommend posting the phone number for the National Human Trafficking Resource Center in a prominent location: (888) 373-7888. The hotline is staffed 24 hours a day, 7 days a week, and help is available in more than 200 languages.



## Resources from NPUAP

The National Pressure Ulcer Advisory Panel (NPUAP) website includes links to resources, including:

- **“Do lift slings significantly change the efficacy of therapeutic support surfaces?<sup>C</sup>”**
- **“The Role of Nutrition for Pressure Ulcer Management<sup>D</sup>”** (from the NPUAP, European Pressure Ulcer Advisory Panel, and Pan Pacific Pressure Injury Alliance).

## Patient/caregiver education brochure



The European Pressure Ulcer Advisory Panel’s website includes a **brochure<sup>E</sup>** for patients and caregivers that describes the “RISE” strategy for preventing pressure ulcers—Reposition, Inspect, Skin care, and Eat well.

The brochure defines pressure ulcer, describes who is at risk, and reviews the elements of the RISE strategy, providing caregiver tips for each one.

## Online course on ostomy care

**“Nursing care of the person with an ostomy<sup>F</sup>,”** an online education course from Hollister, includes types of ostomies, pouching systems, pouching basics, ostomy accessories, problem solving, and patient education and resources.



## New guidelines for use of anti-retroviral agents in HIV

The recently updated “**Guidelines for the use of antiretroviral agents in HIV-1-infected adults and adolescents<sup>6</sup>**,” developed by a panel convened by the U.S. Department of Health and Human Services, are based on two large randomized clinical trials.

A **summary of key changes<sup>4</sup>** is available online and includes information on when to start antiviral therapy (ART):

- ART is recommended for all HIV-infect-

ed individuals, regardless of CD4 cell count, to reduce the morbidity and mortality associated with HIV infection.

- ART is also recommended for HIV-infected individuals to prevent HIV transmission. ■

### Online Resources

- A. [catholichealthinitiatives.org/human-trafficking-and-the-role-of-the-health-provider](http://catholichealthinitiatives.org/human-trafficking-and-the-role-of-the-health-provider)
- B. [traffickingresourcecenter.org/audience/service-providers](http://traffickingresourcecenter.org/audience/service-providers)
- C. [npuap.org/wp-content/uploads/2012/01/NPUAP-Lift-Sling-White-Paper-March-2015.pdf](http://npuap.org/wp-content/uploads/2012/01/NPUAP-Lift-Sling-White-Paper-March-2015.pdf)
- D. [journals.lww.com/aswcjournal/Fulltext/2015/04000/The\\_Role\\_of\\_Nutrition\\_for\\_Pressure\\_Ulcer.7.aspx](http://journals.lww.com/aswcjournal/Fulltext/2015/04000/The_Role_of_Nutrition_for_Pressure_Ulcer.7.aspx)
- E. [epuap.org/wp-content/uploads/2014/11/RISE-LEaflet-07.05.14-Final-Version.pdf](http://epuap.org/wp-content/uploads/2014/11/RISE-LEaflet-07.05.14-Final-Version.pdf)
- F. [hollister.com/us/ostomy/hcp/nursing/online\\_ce.asp](http://hollister.com/us/ostomy/hcp/nursing/online_ce.asp)
- G. [aidsinfo.nih.gov/contentfiles/lvguidelines/adultandadolescentgl.pdf](http://aidsinfo.nih.gov/contentfiles/lvguidelines/adultandadolescentgl.pdf)
- H. [aidsinfo.nih.gov/guidelines/html/1/adult-and-adolescent-treatment-guidelines/0](http://aidsinfo.nih.gov/guidelines/html/1/adult-and-adolescent-treatment-guidelines/0)

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