

You and the flu...

1



All 2016-2017 influenza vaccines are made to protect against the following three viruses:

- an A/California/7/2009 (H1N1)pdm09-like virus
- an A/Hong Kong/4801/2014 (H3N2)-like virus
 - a B/Brisbane/60/2008-like virus. (This is a B/Victoria lineage virus)

2



Annual vaccination is important because influenza is unpredictable, flu viruses are constantly changing and immunity from vaccination declines over time.

3



Early season 2014–15 flu vaccination coverage among health care personnel was 64.3%, similar to early season coverage during the 2013–14 season (62.9%).

4



Most healthy adults may be able to infect other people beginning 1 day before symptoms develop and up to 5 to 7 days after becoming sick. Children may pass the virus for longer than 7 days. Symptoms start 1 to 4 days after the virus enters the body.

5



Complications of flu can include bacteria pneumonia, ear infections, sinus infections, and worsening of chronic medical conditions, such as congestive heart failure, asthma, or diabetes

- For 2017 – 2018 specific influenza season more information, access [Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices — United States, 2017–18 Influenza Season](#)
- Facts, data and information from <https://www.cdc.gov/flu/consumer/prevention.htm>, accessed 1/25/18