

Clinician RESOURCES

Start the New Year off right by checking out these resources.



Pressure ulcer prevention education

Access the following education resources from *Wounds International*:

- The webinar “**Real-world solutions for pressure ulcer prevention: Optimising the role of support surfaces^A**” includes:
 - an overview of the issue of pressure ulcers
 - what to consider when choosing a support surface
 - how to operationalize support surfaces in the clinical setting.
- The program “**Advances in pressure ulcer prevention and treatment made easy^B**” highlights the guidance on prevention and treatment strategies for pressure ulcer care, with a focus on the role of silicone-foam wound dressings.

CAUTI toolkit

The Agency for Healthcare Research and Quality has released a **toolkit^C** for reducing catheter-associated urinary tract infections (CAUTI) in patients who are hospitalized. The toolkit consists of three modules—implementation, sustainability, and resources—that a hospital can use to teach team members how to apply concepts from the Comprehensive Unit-based Safety



Program (CUSP) to prevent CAUTI. Each module contains:

- guides
- tools
- archived webinars.

The 4-year project to develop the toolkit brought together subject matter experts and participating hospitals across the United States.



Ostomy patient resources

Here are two resources for patients:

- The Ostomy Society’s website **about-stoma^D** provides a wealth of resources for patients, including links to videos on how to change an ostomy bag, how to stop stoma leaks, and how to measure stoma size.
- The Memorial Sloan Kettering Cancer

Center provides “**A guide for patients with an ileostomy or colostomy^E**,” which includes types of ostomies, care of an ostomy, body image issues, nutrition, medication, exercise, odor control, sexual activity, work, and travel. It also has a list of frequently asked questions.



Multi-drug-resistant gram-negative bacteria

Wound infections are too often resistant to antibiotics, which makes prevention of infection and early intervention if infection occurs essential. A new resource comes from European colleagues in the form of the article “**Prevention and control of multi-drug-resistant Gram-negative bacteria: Recommendations from a Joint Working Party^F**,” published in the *Journal of Hospital Infection*. Gram-negative bacteria are often difficult to treat and can slow wound healing.

The article includes recommendations for screening, diagnosis, and infection control precautions, such as hand hygiene, single-room accommodation, and environmental screening and cleaning. One recommendation is, “Screening for rectal and wound carriage of carbapenemase-producing Enterobacteriaceae should be undertaken in patients at risk.”

STDs guidelines from CDC

The Centers for Disease Control and Prevention (CDC) has **updated its guidelines^G**

for the treatment of sexually transmitted diseases (STDs). The guidelines discuss:

- alternative treatment regimens for *Neisseria gonorrhoeae*
- the use of nucleic acid amplification tests for the diagnosis of trichomoniasis
- alternative treatment options for genital warts
- the role of *Mycoplasma genitalium* in urethritis/cervicitis and treatment-related implications
- updated HPV vaccine recommendations and counseling messages
- the management of persons who are transgender
- annual testing for hepatitis C in persons with HIV infection
- updated recommendations for diagnostic evaluation of urethritis
- retesting to detect repeat infection.

Clinicians can **download the 2015 STD treatment guide app^H**, which combines information from the treatment guidelines and *MMWR* updates. The app features a streamlined interface so providers can access treatment and diagnostic information easily. ■

Online Resources

- A. <http://www.woundsinternational.com/videos/view/real-world-solutions-for-pressure-ulcer-prevention-optimising-the-role-of-support-surfaces>
- B. <http://www.woundsinternational.com/other-resources/view/advances-in-pressure-ulcer-prevention-and-treatment>
- C. http://www.ahrq.gov/professionals/quality-patient-safety/hais/tools/cauti-hospitals/index.html?utm_source=PressRelease56&utm_medium=PressRelease&utm_term=Toolkit&utm_content=56&utm_campaign=CUSP4CAUTI2015
- D. <http://aboutstoma.com/resources/>
- E. <https://www.mskcc.org/cancer-care/patient-education/guide-patients-ileostomy-colostomy>
- F. <http://www.journalofhospitalinfection.com/article/S0195-6701%2815%2900314-X/pdf>
- G. <http://www.cdc.gov/std/tg2015/default.htm>
- H. <https://itunes.apple.com/us/app/std-tx-guide/id655206856?mt=8>