

Clinician RESOURCES

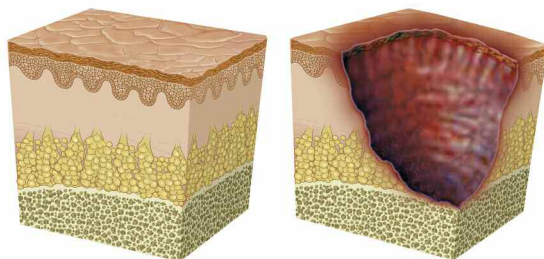
The resources below will help you address issues in your practice.



NPUAP position statement on hand check for bottoming out

Use of the hand check to determine “bottoming out” of support systems should be limited to static air overlay mattresses, according to a position statement from the National Pressure Ulcer Advisory Panel (NPUAP).

“**Hand check method: Is it an effective method to monitor for bottoming out^A**” adds that the hand check method is “inappropriate” for replacement mattresses and integrated bed systems and calls for additional research for a bedside method to determine when a support surface has bottomed out.



Summary of pressure ulcer treatment guidelines from ACP

The National Guideline Clearinghouse, part of the Agency for Healthcare Research and Quality, has published a summary of “**Treatment of pressure ulcers: a clinical practice guideline from the American College of Physicians^B**” (ACP).

The **full guidelines^C** can be found in the March 3 issue of the *Annals of Internal Medicine*.



NIOSH education on nurses' work hours

The National Institute for Occupational Safety and Health (NIOSH) has published “**NIOSH training program for nurses on shift work and long work hours^D**.” Part 1 of the program discusses the risks associated with these work hours related to fatigue, and Part 2 is designed to increase knowledge about personal behaviors and workplace systems to reduce the risks.

Continuing education credit is available for the course.

Implementing guidelines in an organization

Struggling to implement practice guidelines where you work? Check out “**Implementing guidelines in your organization: What questions should you be asking^E?**” an expert commentary in the National Guideline Clearinghouse, part of the Agency for Healthcare Research and Quality. ■

Online Resources

- A. <http://www.npuap.org/wp-content/uploads/2012/01/Hand-Check-Position-Statement-June-2015.pdf>
- B. <http://www.guideline.gov/content.aspx?f=rss&id=49051&osrc=12>
- C. <http://annals.org/article.aspx?articleid=2173506>
- D. <http://www.cdc.gov/niosh/docs/2015-115/>
- E. <http://www.guideline.gov/expert/expert-commentary.aspx?f=rss&id=49423>